

# MORNING CHECKLIST FOR KIDS

- Wake Up on Time
- Make the Bed
- Brush Teeth
- Wash Face and Hands
- Get Dressed
- Comb Hair
- Eat a Healthy Breakfast
- Pack School Bag
- Double-Check Homework and Papers
- Start the Day with a Positive Thought
- Grab Lunch and Water Bottle
- Put on Shoes and Outerwear
- Check the Time
- Say Goodbye with a Smile

